# Healing the Healers

## Sacred Art of Living & Dying Series

### Transforming Spiritual Suffering



#### Module 4

Online workshop followed by monthly Circle of Trust© study groups

Commuter Onsite Early Registration (One Month Prior To Workshop) -\$295.00

Commuter/Onsite - \$395.00

Online - \$300.00

Online Early Bird (Register One Month Or More Prior To Event) - \$250.00

**Group Discounts Available** 

## Register at starofthenorth.ca

or call Star of the North Retreat Centre at (780) 459-5511

#### September 22-23, 2023

9am to 4:30pm Mountain Time



Learn about the essential quality of compassion and "exquisite empathy" in care giving through the meta-skills of contemplative practice and enhanced self-awareness.



Work with the classical tools of spiritual discernment with a focus on learning how to ask courageous questions.



Re-discover the time-tested skills necessary for maintaining a centered, healthy presence in both the professional and personal worlds.



Experience a variety of creative healing modalities through: yoga movement, haiku poetry, mandala drawings from the soul, sculpting and the healing effects of music therapy.

Co-sponsored with:



