



The Art, Science & Practice of Sacred Relationship

INTERNATIONAL APPRENTICESHIP

The Anamcara Apprenticeship offers a contemporary model of training and mentorship for any caregivers – both professional and lay. Anamcara is an ancient Gaelic term meaning “soul friend” and draws from a great Wisdom Tradition that is rooted in Celtic spirituality and mythology. The purpose of the apprenticeship is to deepen the quality of all relationships and enable caregivers to become “compassionate companions” through the many stages of living and dying. The Anamcara Apprenticeship fosters personal growth and introduces practical tools for all aspects of life, particularly during times of aging, loss, serious illness and at the end of life. ANAMCARA is a profound learning experience designed to support and encourage people who are in the middle of life’s many commitments through–

- A two-year apprenticeship with deep spiritual formation & mentorship
- Immersion in the ancient Celtic Tradition of Anamcara (soul friendship)
- Training in healing practices for life’s major times of transition
- One-on-one support and guidance from world-class mentors

Registration is now open for the

2022-2024

Anamcara Apprenticeship

Ireland, Canada & USA

Sacred Art of Living
Center for Spiritual Formation

All Events Offer
Virtual Options

Visit our Website at
sacredartofliving.org

OR CONTACT

Maryhelen Zabas (US)

maryhelen@sacredartofliving.org

Debbie Doornbos (Canada)

debbie@sacredartofliving.org

Patricia Hallahan (Europe)

patricia@sacredartofliving.org

Year One & Year Two of the Anamcara Apprenticeship feature both opening and closing retreats.

The balance of experiences and instructions are provided online and through webinar conferencing.

Year One of the internship focuses on the inner journey as participants explore what it means to become ‘the healer they already are’ with the support of fellow apprentices in a monthly Circle of Trust©. The first year includes teachings on how to create the conditions for sacred relationship which are the foundation for all healing practices.

Year Two involves the integration of the inner and outer journey in service to others. Year Two may be taken at any time after the first year has been completed.

Apprentices choose from among several study tracks based on their personal interest and professional goals including:

- The Art of Spiritual Discernment
- Healing Dimensions of Grief & Loss
- The Soul of Wellness
- Healing Practices at the End of Life
- The Art of Spiritual Eldering